

ORAL HEALTH SESSION FOR PARENTS AND CARERS

Your child's early years setting is participating in a Healthy Smiles Accreditation with Community Dental Services CIC. This initiative aims to create a tooth-friendly environment by promoting healthy habits, nutritious diets, and the importance of dental visits. It is crucial that this learning continues at home as well. To support this effort, we are offering parents the opportunity to attend a free online oral health session.



Why brushing is important, what your child's brushing routine should look like, and how to support a reluctant brusher.



Why the food and drink your child eats has a big impact on their teeth, how to minimise damage and advice on packing a healthy lunch box.



Why regular dental appointments are important, how to prepare for dental visits, and how to access dentistry.

Thursday 20th March
@ 7:30pm - 8:30pm via Teams



Sign up here...
click or scan:

